



**Pathways** Vermont  
**SUPPORT LINE**

**I feel  
alone.**

**I'm here and  
I'm glad you  
called.**

**(833) VT - TALKS**

To text, please dial (833) 888 - 2557

**Now Open 24/7!**

Providing confidential, non-judgmental support and connection to all Vermonters via phone call and text 24/7!